

Supplement Facts

Serving Size: 1 Capsule - 500 mg.
Servings per container 50, %DV Per 1 Capsule*

INGREDIENTS:

Nardostachys jatamansi, Rauwolfia serpentine & Bacopa monnieri**

Dosage : Take 1-2 capsules at bedtime, or as directed by the physician.

**% Daily Value not established

No added sugar or salt. Free from artificial color, Yeast, gluten, soy, wheat, corn, eggs, fish or dairy.

Ayurvedic Herbal Formula

For more information 1 877 899 4372
visit us at www.herblandshop.com



Manufactured for:

Herbland Limited

Square One P. O. Box 2228 Mississauga ON L5B 3C7 Canada.

STORE IN COOL AND DRY PLACE.
KEEP OUT OF THE REACH OF CHILDREN.
Do not use if seal is broken.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

HerblandTM
Know the power of herbs



NIDRAA



Relaxation & Sleep
Dietary Supplement

60 CAPSULES

Uses: **Nidraa** (Nightzz) promotes relaxation & help maintain the natural sleep pattern.

- Promotes relaxation & sleep.

Mfg. Code No. WB/D/DML/No. AL 104M

Lot Number:

Expire Date:



These statements have not been evaluated by the Food & drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.